

Detection of Antifungal Activity in *Anemarrhena asphodeloides* by Sensitive BCT Method and Isolation of Its Active Compound

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Antifungal activity was detected from *Anemarrhena asphodeloides* by the Bio-Cell Tracer (BCT) method. An active fraction was separated by silica gel column chromatography and reverse-phase HPLC. The molecular weight was determined by GC–MS, and the molecular structure was analyzed by IR, ¹H NMR, and ¹³C NMR. The isolated compound was found to be identical to nyasol, (*Z*)-1,3-bis(4-hydroxyphenyl)-1,4-pentadiene, which formerly appeared in the literature without any remark on the antifungal activity. This compound showed antimicrobial activity against 38 strains of fungi and five strains of bacteria. The minimum inhibitory concentration (MIC) ranged from 12.5 to 200 $\mu\text{g mL}^{-1}$, except for two strains based on the broth dilution method.

Keywords: Medicinal plant; *Anemarrhena asphodeloides*; antifungal activity; Bio-Cell Tracer; nyasol

INTRODUCTION

There are intense needs for novel antifungal and antibacterial compounds applicable to food and feed preservatives. These compounds must have high activity against fungi and bacteria and low biotoxicity to human beings and animals. From this viewpoint, medicinal plants are promising resources. In scanning the literature, however, we found only a few reports describing the screening methodology of detection of antifungal activity in medicinal plants (Chand et al., 1994).

Previously, we reinvestigated medicinal plants by a sensitive single-cell assay method (Oh et al., 1996) and found that many plants contained active components. This unique assay system, a Bio-Cell Tracer (BCT), is now commercially available (Hidan Co., Ltd, Kashiwa, Japan). BCT can detect the growth rate change of a single hypha at every 30 s to a precision of $0.1 \mu\text{m min}^{-1}$ (Oh et al., 1993). Therefore, a transient decrease in the growth rate of a test hypha can be detected. The sensitivity of antifungal activity detection of this system was 100-fold higher than that of conventional methods (Oh et al., 1996).

Anemarrhena asphodeloides is a typical herbal medicine that antifungal activity was detected for the first time by this BCT method. Steroidal saponins (Kawasaki et al., 1963), xanthone C-glycosides (Takahashi et al., 1985), and polysaccharides were reported as chemical constituents of the rhizome of this title plant. And this rhizome is known to have anti-diabetic activity (Takahashi et al., 1985), diuretic activity (Saito et al., 1994), and molluscicidal activity (Takeda et al., 1989). And the

boiled extract with several herbal medicines was widely used in Chinese and Japanese folk medicines. These suggest a low biotoxicity to humans when used at the proper concentration. Thus, we have tried to isolate the most active lead compound from this plant material. This paper describes the isolation procedure for the compound and its molecular characteristics.

EXPERIMENTAL PROCEDURES

Materials and General Procedure. Rhizomes of *A. asphodeloides* of medicinal grade were purchased from Tochimoto-Tenkaido Co., Osaka, Japan. Other chemicals and solvents were of analytical grade. Wakogel C-300 silica gel (Wako Pure Chemical Industries, Osaka) was used for the column chromatography. The F₂₅₄ silica gel-coated glass plate (Merck, Darmstadt, Germany) was used for thin-layer chromatography (TLC). The coloring condition of the TLC plate was treated with a vanillin–sulfuric acid (VS) reagent at 100 °C for 3 min. ¹H NMR (500 MHz), ¹³C NMR (125 MHz), and 2D NMR spectra were measured with A500 FT–NMR (JEOL Ltd., Tokyo) in a CDCl₃ solution. Chemical shifts were given in δ (ppm) values relative to tetramethylsilane (TMS) as an internal standard. Gas chromatography–mass spectrometry (GC–MS) spectra were measured with a Hewlett-Packard 5890 II gas chromatography linked to a JMS-SX102A mass spectrometer (JEOL Ltd.) (column: DB-1 column, J & W Scientific, 15 m \times 0.25 mm; line: He flow at 1 mL min⁻¹; column temperature profile: 50 °C for 1 min, increasing from 50 to 250 °C at 10 °C min⁻¹ and hold at 250 °C for 10 min; electron potential: 70 eV). Reverse-phase high-performance liquid chromatography (HPLC) was performed on a μ -Bondasphere column (5 μ C₁₈-100 Å, 15 cm \times 3.9 mm, Nihon Waters Ltd., Tokyo) in a Tosoh SC-8020 system (Tosoh Co., Tokyo). Detection was carried out with an UV detector at 254 nm (UV-8020, Tosoh Co., Tokyo). Optical rotation was taken on a DIP-1000 digital polarimeter (Jasco Co., Tokyo).

Isolation Procedure. The antifungal activity of each fraction obtained in the course of isolation was measured by the BCT method as described in Oh et al. (1996). To measure the antifungal activity of each fraction by BCT, the solvent of

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each fraction that was obtained in this procedure was removed by evaporation under reduced pressure. The residues were dissolved in dimethyl sulfoxide (DMSO) (20–40 mg mL⁻¹) as stock solutions. These stock solutions were diluted with potato dextrose broth (PDB) medium (Difco) to prepare the prescribed concentrations before use.

Pulverized rhizomes of *A. asphodeloides* (1000 g) were suspended in 60% aqueous acetone (2 L) for 3 days at room temperature. After insoluble residues were removed, the solvent was evaporated under reduced pressure to purge acetone. The extracted material was collected by lyophilization. The extracted material was dissolved in H₂O (500 mL) and extracted with two 500-mL portions of *n*-hexane (Hex), three 500-mL portions of ethyl acetate (EtOAc), and three 500-mL portions of 1-butanol (BuOH). The evaporation of each fraction resulted in the following amounts of dried matter 171.7 (H₂O), 1.59 (Hex), 1.82 (EtOAc), and 2.69 g (BuOH). Among these four fractions, the EtOAc fraction showed the highest antifungal activity; therefore, this fraction was further purified by the silica gel column chromatography (3.0 × 25 cm). When the column was eluted with CHCl₃-EtOAc (20:1), three distinct fractions (Fr-A, Fr-B, and Fr-C) were obtained. The weight of each fraction was 64.2 (Fr-A), 70.0 (Fr-B), and 774.0 mg (Fr-C), respectively. Among these three fractions, Fr-B showed the highest antifungal activity. When the Fr-B was developed on a TLC plate with MeOH-CHCl₃-H₂O (35:65:10) and colored with VS reagent, only one spot appeared at R_f 0.7. Therefore, this fraction was applied on the reverse-phase HPLC and eluted with H₂O-CH₃CN with its ratio being varied from 68:32 to 29:71 during a 13-min elution at a flow rate of 1.0 mL min⁻¹. Finally 40.7 mg of dried matter was obtained as the purified matter.

Molecular Analysis Data of the Purified Matter. [α]_D -134° (MeOH: c 0.47); IR ν_{max} 3350 cm⁻¹; EIMS: *m/z* = 252 (M⁺, 100%), 237 (38), 158 (83), 145 (77), 131 (66), 107 (90), 77 (36). ¹H NMR (CDCl₃): δ 7.19 (2H, d, *J* = 8.5 Hz, H-2',6'), 7.12 (2H, d, *J* = 8.5 Hz, H-2'',6''), 6.81 (2H, d, *J* = 8.5 Hz, H-3',5'), 6.80 (2H, d, *J* = 8.5 Hz, H-3'',5''), 6.54 (1H, d, *J* = 11.0 Hz, H-1), 6.03 (1H, ddd, *J* = 6.0, 10.5, 16.5 Hz, H-4), 5.70 (1H, dd, *J* = 10.0, 11.0 Hz, H-2), 5.19 (1H, ddd, *J* = 1.5, 1.5, 16.5 Hz, H-5), 5.18 (1H, ddd, *J* = 1.5, 1.5, 10.5 Hz, H-5), 4.89 (2H, br s, exch. D₂O, -OH), 4.51 (1H, dd, *J* = 6.0, 10.0 Hz, H-3). ¹³C NMR (125 MHz, CDCl₃): δ 154.4 (C-4)^a, 153.9 (C-4')^a, 140.7 (C-4), 135.7 (C-1''), 131.9 (C-2), 130.0 (C-2',6')^b, 129.9 (C-1'), 128.9 (C-2'',6'')^b, 128.6 (C-1), 115.4 (C-3'',5'')^c, 115.1 (C-3',5')^c, 115.0 (C-5), 46.8 (C-3). (The signals designated with the same letter may be interchanged.)

MIC Determination of the Purified Matter. To investigate the antifungal spectrum of the purified matter, its minimum inhibitory concentration (MIC) against various fungi was determined. The assay method was the microdilution method described below.

Test fungi were inoculated on a potato dextrose agar (PDA) medium (Difco, Detroit) and incubated at 28 °C for 1–2 weeks until they formed a well-extended fungal mat with spores. These spores were collected with 0.05% Tween 80 solution and washed with sterile distilled water. The spores were suspended in a Czapek dox broth medium (Difco) or a PDB medium (Difco). The spore concentration was adjusted at 10⁶ spores mL⁻¹.

The purified matter was dissolved in DMSO (40 mg mL⁻¹) and stored at -10 °C. Before use, this stock solution was thawed and diluted with Czapek Dox broth medium to prepare test solutions at prescribed concentrations. Initially, the stock solution was 10-fold diluted, and then 2-fold dilution was repeated. A 90-μL aliquot of each test solution was placed in each well of a 96-well microplate (8 rows × 12 columns, one row per one strain of test fungus), and 10 μL of a spore suspension (10⁶ spores mL⁻¹) of a test fungus was added to each well. The final concentration of the purified matter in those wells ranged from 400 to 6.3 μg mL⁻¹. Column 1 contained the highest concentration, and column 7 contained the lowest concentration. Columns 8 and 9 were used as controls; column 8 contained Czapek dox broth medium,

spores, and DMSO, while column 9 contained Czapek dox broth medium alone. The microplate was incubated at 28 °C for 7 days. The lowest concentrations that inhibited the growth of each test fungus determined from each row were assigned as the MICs against the respective test fungi.

On the other hand, the purified matter was assayed also for antibacterial activity by the microdilution method. Test bacteria were incubated in a nutrient broth (Difco) at 37 °C for 12 h and then suspended in the same nutrient broth. The bacterial cell density was adjusted at 10⁸ cells mL⁻¹. In the same way as fungi, the test solutions for antibacterial activity assay were prepared and dispensed in each well of a microplate. The bacterial cell density in each well was 10⁷ cells mL⁻¹ at the beginning. Other conditions were same as those for fungi. After the microplate was incubated at 37 °C for 2 days, the lowest concentrations that inhibited the growth of each test bacterium determined from each row were assigned as MICs against the respective test bacteria.

RESULTS AND DISCUSSION

Antifungal Activity of Each Fraction Obtained in the Course of Isolation. In the course of isolation, each fraction obtained at various steps was assayed for its antifungal activity against *Aspergillus niger*. As summarized in Figure 1A, a crude sample obtained by acetone extract (■) showed a marked activity. Then, this crude matter was further purified. The crude acetone extract was extracted with four solvents: water, *n*-hexane, EtOAc, or BuOH. These four fractions were assayed for antifungal activity. As shown in Figure 1A, the EtOAc fraction (▲) showed the most marked inhibiting effect, although the test hypha recovered its growth rate within 20 min. This EtOAc fraction was applied to a silica gel column, and consequently three fractions (Fr-A, Fr-B, and Fr-C) were obtained. Among them, Fr-B was found to be the most active and showed marked inhibitory effect against *A. niger* at 1.25 μg mL⁻¹ (Figure 1B; ×). Hyphal growth rate was completely inhibited by the Fr-B concentration of 12.5 μg mL⁻¹ (Figure 1B; ○). Fr-B was subjected to the reversed-phase HPLC to confirm the purity. The matter finally obtained maintained similar activity (Figure 1B; ■) to Fr-B.

Structural Elucidation. The purified matter was colorless oil. The molecular ion peak [M⁺] appeared at *m/z* 252 in EIMS analysis. HR (high-resolution)-EIMS analysis of this peak showed that *m/z* was 252.1120. A feasible molecular formula was speculated as being C₁₇H₁₆O₂. The ¹³C NMR spectrum in CDCl₃ solution displayed 13 carbon signals, four of which (δ 130.0, 128.9, 115.4, and 115.1) appeared to be of double intensity. ¹H NMR spectra confirmed the presence of eight aromatic ring protons present as the AA'BB' system (δ 7.19 [2H], 7.12 [2H], 6.81 [2H], and 6.80 [2H]). These two observations suggested the presence of two para-disubstituted benzene groups in the structure of the compound. The presence of the 1,3-disubstituted 1,4-pentadiene system was assigned from the COSY spectrum (carbon-proton and proton-proton). The *J* value (11.0 Hz) of the 1,2-double bond in the 1,4-pentadiene system at δ 6.54 Hz (H-1) and δ 5.70 Hz (H-2) was indicative of a cis stereochemistry. An IR band at 3350 cm⁻¹ and two protons (δ 4.89 Hz) exchangeable with two deuteriums of D₂O indicated the presence of hydroxyl groups. The chemical shift of these exchangeable protons suggested that these hydroxyl groups constituted the hydroxyphenyl groups. Therefore, the present compound was determined to be (*Z*)-1,3-bis(4-hydroxyphenyl)-1,4-pentadiene (Figure 2).

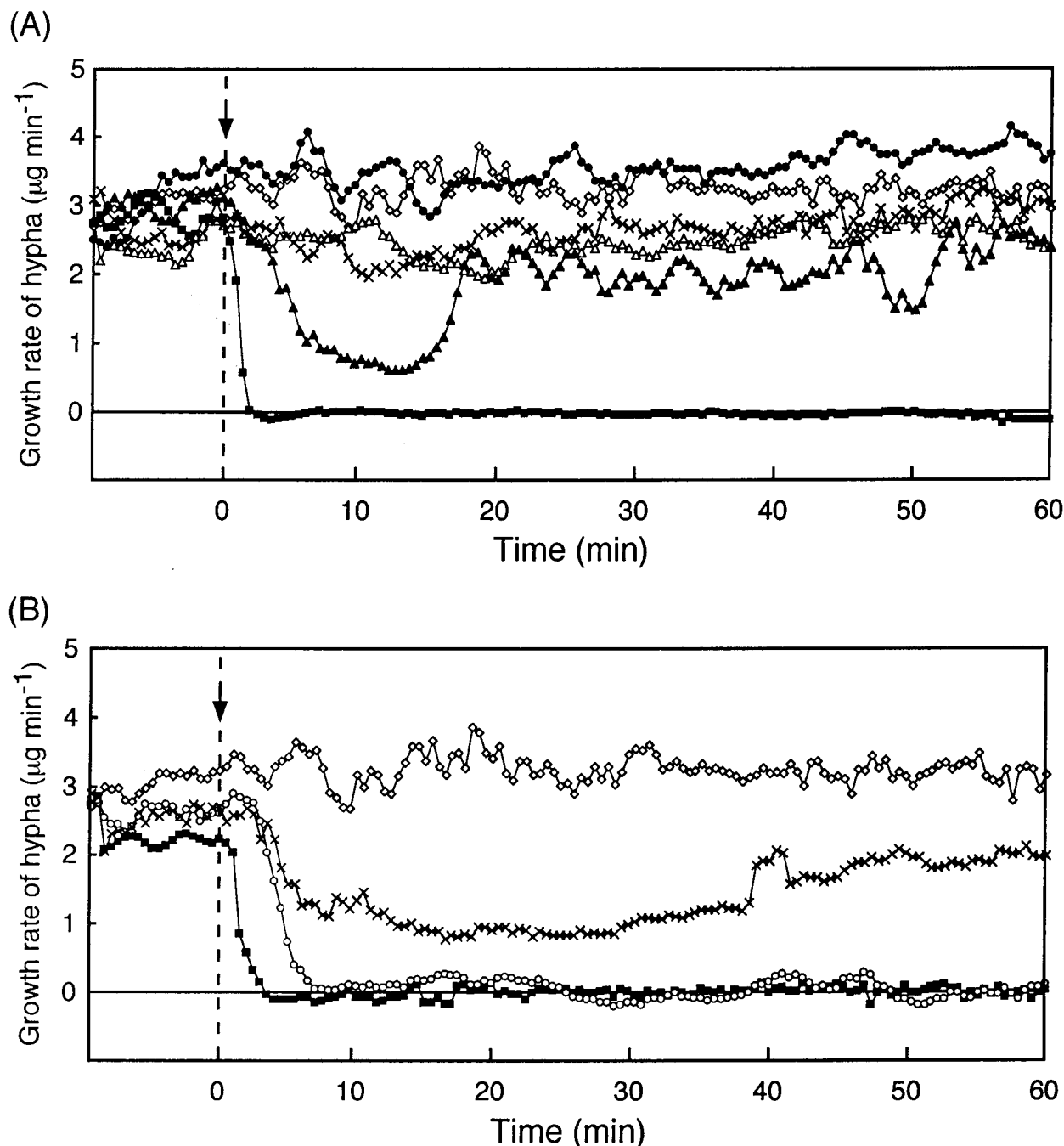


Figure 1. Antifungal activity of each fraction obtained at various steps of the isolation. The growth rate of a test hypha of *A. niger* was measured by the BCT method. At the arrow, PDB was replaced by a fresh PDB containing each fraction sample. (A) Fractions obtained by acetone extraction and successive extraction with various solutions: (\diamond) PDB (control), (\blacksquare) crude acetone extraction fraction ($500 \mu\text{g mL}^{-1}$), (\times) H_2O extraction fraction ($12.5 \mu\text{g mL}^{-1}$), (\triangle) Hex extraction fraction ($12.5 \mu\text{g mL}^{-1}$), (\bullet) EtOAc extraction fraction ($12.5 \mu\text{g mL}^{-1}$), (\bullet) BuOH extraction fraction ($12.5 \mu\text{g mL}^{-1}$). (B) Fraction obtained by a silica gel column chromatography and HPLC: (\diamond) PDB (control), (\times) fraction B obtained by the elution with CHCl_3 -EtOAc (20:1) in a Wakogel C-300 column chromatography ($1.25 \mu\text{g mL}^{-1}$), (\circ) 10-fold concentration of \times , (\blacksquare) fraction obtained by a μ -Bondasphere column HPLC ($12.5 \mu\text{g mL}^{-1}$).

In scanning the literature, we found that nyasol has the same molecular structure. Nyasol has an asymmetric carbon atom at C-3. A specific rotation of (-)-nyasol isolated from *Hypoxis nyasica* (Marini-Bettolo et al., 1985) and (+)-nyasol isolated from *Asparagus cochinchinensis* (Tsui et al., 1996) was -147 and $+112^\circ$, respectively. A specific rotation of the isolated compound in this study is -134° . From these results, an antifungal compound from *A. asphodeloides* is characterized as (-)-nyasol. Marini-Bettolo et al. also reported that nyasol was a chemical isomer of hinokiresinol isolated from

Chamaecyparis obtusa (Hirose et al., 1965; Beraciarta et al., 1976). The antifungal activity of the crude extract of *Araucaria angustifolia* containing 4.0–4.5% hinokiresinol was reported by Otsuka et al. (1995).

MIC of the Purified Matter against Fungi and Bacteria. MICs of nyasol against 38 strains of fungi and five strains of bacteria ranged from 12.5 to $400 \mu\text{g mL}^{-1}$, as is shown in Table 1. *Curvularia lunata*, *Eurotium* sp., *Mucor* sp., and *Trychophyton* sp. showed lower MIC values (12.5 – $25.0 \mu\text{g mL}^{-1}$) than other species. The MIC of cinnamic acid, which is used as a

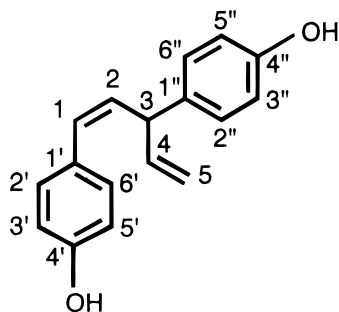


Figure 2. Structure of the purified compound. This structure was found to be equal to niasol.

Table 1. Summary of MICs of the Purified Compound

strain of fungi ^a	MIC ^c (mg mL ⁻¹)
<i>Aspergillus flavus</i> HIC 6032	400
<i>Aspergillus fumigatus</i> HIC 6094	100
<i>Aspergillus niger</i> IFO 6661	200
<i>Aspergillus oryzae</i> 322-17	200
<i>Aspergillus versicolor</i> HIC 6247	200
<i>Alternaria</i> sp. HMC 1001	100
<i>Candida albicans</i> ATCC 10231	200
<i>Candida tropicalis</i> ATCC750	200
<i>Cladosporium cladosporioides</i> TSY 0030	50
<i>Cladosporium sphaerospermum</i> 728-1	50
<i>Curvularia lunata</i> M-1353-64	25
<i>Fusarium solani</i> HIC 5670	200
<i>Fusarium oxysporium</i> HIC 5651	50
<i>Geotrichum candidum</i> HIC 5700	200
<i>Monilia</i> sp. HIC 5745	200
<i>Penicillium citrinum</i> HIC 7043	200
<i>Penicillium digitatum</i> M-1393-16	200
<i>Penicillium frequentans</i> HIC 7104	200
<i>Penicillium islandicum</i>	200
<i>Paecilomyces variotii</i> 581	200
<i>Scopulariopsis brevicaulis</i> 629-3	100
<i>Trichoderma</i> sp. 101	50
<i>Trichoderma viride</i> M-5081-6	50
<i>Trichophyton mentagrophytes</i> HIC 8185	12.5
<i>Trichophyton mentagrophytes</i> 40996	12.5
<i>Trichophyton mentagrophytes</i> QM 248	25
<i>Trichophyton rubrum</i> NIH J	25
<i>Trichophyton rubrum</i> IFO 9185	12.5
<i>Trichophyton rubrum</i> IFO 6204	25
<i>Saccharomyces cerevisiae</i> IFO 1234	200
<i>Byssoschlamys nivea</i> IFO 31351	100
<i>Chaetomium globosum</i> IFO 6347	200
<i>Emericella nidulans</i> C-28-2	100
<i>Eurotium</i> sp. HIC 6343	25
<i>Eurotium rubrum</i> M-401	100
<i>Neurospora crassa</i> HIC 5674	50
<i>Mucor</i> sp. 101	25
<i>Rhizopus stolonifer</i> IFO 30816	200
strain of bacteria ^b	MIC ^d (μ g mL ⁻¹)
<i>Bacillus subtilis</i> IFO 13722	100
<i>Escherichia coli</i> ATCC 8739	>400
<i>Proteus vulgaris</i> ATCC 6380	25
<i>Pseudomonas aeruginosa</i>	100
<i>Staphylococcus aureus</i> ATCC 65389	50

^a Potato dextrose broth was used for the growth of *Candida* sp., *Trichophyton* sp., *S. cerevisiae*, and *R. stolonifer*. Czapek dox medium was used for the other strains. ^b Nutrient broth was used for the growth of bacteria. ^c MICs against fungi were decided after 7 days incubation. ^d MICs against bacteria were decided after 2 days incubation.

food additive in Japan, was 2 mg mL⁻¹ against *Staphylococcus aureus* and *Escherichia coli* and was 500 μ g mL⁻¹ against *Saccharomyces cerevisiae* and *Aspergillus*

oryzae (Ueda et al., 1982), and one of its derivative (the cis dimer of octanol-cinnamic acid esters) was 156 μ g mL⁻¹ against *Candida albicans* (Ulubelen et al., 1996). The MIC of catechin was higher than 200 μ g mL⁻¹ against *Pseudomonas aeruginosa* (Kayser et al., 1997). The MIC of vanillin was 1250 μ g mL⁻¹ against *C. albicans* (Boonchird et al., 1982). In comparison with these data, the antimicrobial activity of niasol is not inferior and its antimicrobial spectrum was wide. Moreover, the component is expected to be less toxic to humans, taking into account their frequent use in traditional medicine.

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